

The aims of the strategy are to ensure that all carers who come into contact with NHS services are identified close to diagnosis and routinely given information and signposting for Carers support. This approach may also contribute to reducing or preventing hospital or care home admissions.

### Health Reviews

In partnership with GPs, Adult Carers are offered a Health Review aimed at promoting Health & Well-being and engagement with Primary Care.

### The Carer Pathway

The Carer Pathway established a universal offer of advice and information to all carers within Glasgow through:

- **Carer Information Line**
- **Carer Information Booklet**
- **Carer Self Assessment**
- **Priority Screening**
- **Carer Statutory Assessment**
- **Carer Support Planning**
- **Health Review**
- **Emergency Planning**
- **Access to Condition Specific Services**

## To make a referral

To discuss support available you can call  
or Email the Carer Information Line:

0141 353 6504

[info@glasgowcarersinformation.org.uk](mailto:info@glasgowcarersinformation.org.uk)

or

Call your local Carer Centre or Carer Team (see below) or send us a completed Carer Self Assessment form which is located in the back cover of the Carer handbook and send it using the prepaid envelope

### Glasgow North East Carer Team

Social Work Services  
400 Petershill Road, Springburn, Glasgow  
G21 4AA, Tel: 0141 276 4710

### Glasgow North West Carer Team

Partick Area Office  
35 Church Street  
Partick, Glasgow G11 5JT  
Tel: 0141 276 1066

### Glasgow South Carers Team

Social Work Services  
130 Langton Road  
Pollok, Glasgow G53 5DP  
Tel: 0141 276 2904



# Glasgow City Carer's Partnership

*Delivering better  
outcomes*

**ARE YOU LOOKING  
AFTER SOMEONE?**

**The Glasgow City Carers Partnership consists of Glasgow City Community Health Partnership, Social Work Services and Third Sector organisations which have committed to working together to identify and support unpaid carers.**

The shift in the balance of care to community settings will place the burden of care for people living with a Long-term condition onto relatives or friends. Given the prevalence of long-term conditions and our ageing population, we need to recognise the significant contribution of unpaid carers and acknowledge their role as key partners in the delivery of self-supported care

### **Definition of a Carer**

“A carer is someone who looks after a partner, relative or friend who cannot manage without help because of an illness (including mental illness), addiction, frailty or disability. You may or may not live with the person you look after”

### **Sick Tired and Caring**

The Carers Scotland report, ‘Sick, Tired and Caring’ evidenced the effects on health and wellbeing at three to six months of becoming a carer for someone with a long term condition:

- 86% reported that they suffered from stress and anxiety
- 70% reported back or shoulder pain
- 34% experienced exhaustion

### **Think Patient, Think Carer**

People become carers when a family member or friend is diagnosed with a long term condition or addiction, often within a Primary Care Setting.

### **NHS GGC Carer Information Strategy**

Carer Community Nurses based within the Carer Support Teams will implement the NHS GGC Carer Information Strategy to Primary Care Staff in line with the Community Care and Health (Scotland) Act 2002.

### **Carer Services**

Glasgow’s Carer Services aim to improve outcomes for carers and patients by providing anticipatory health and social care support and information.

**Carer Teams** are made up of Health and Social Work Staff and complete Statutory Carer’s Assessment and Health Reviews for carers who are identified as being at critical or moderate risk.

**Carer Centers** complete support plans and provide anticipatory support for carers who are identified as being at low risk.

**All Carer’s Services provide the following core services:** information & advice; emotional support; money advice; short breaks; training and mechanisms for carers having their views heard.